

### **Remploy**

Assistance with employment for veterans and disabled persons.

Golate Street, Cardiff CF10 1EU

0300 456 8025/07824 350007

helencornet@remploy.co.uk

### **Vale of Glamorgan Council**

Carers' Development Officer  
Docks Offices, Barry

01446 704604

### **Vale 50plus Forum**

Vale of Glamorgan Council  
Civic Offices  
Holton Road, Barry

01446 704854

### **Royal Naval Benevolent Trust**

Castaway House, 311 Twyford Av.

Portsmouth PO2 8RN

02392 690112

rnbt@rnbt.org.uk

### **Royal Air Force Association**

Welfare support for RAF veterans 75  
Morel Street, Barry CF63 4PN

01446 740522

Geoff@horton.co.uk

### **Veterans NHS Wales**

To improve the provision of mental health care for veterans in Wales

Cardiff and Vale UHB

Monmouth House

University Hospital of Wales., Cardiff

029 20742057

www.veteranswales.co.uk

### **Combat Stress**

Tony Phillips  
Audley Court  
Audley Avenue  
Newport, Shropshire TF10 7BP

01952 822750

tony.phillips@combatstress.org.uk

### **SSAFA Forces Help**

Maindy Barracks, Cardiff CF14 3YE

029 2038 3852

www.ssafa.org.uk

### **Royal British Legion**

Shoulder to shoulder with all who serve

### **Drop in Centre**

18-19 High Street Cardiff CF10 1PT

**Helpline 0808 8028080**

# Veterans' Mental Health and Support Service Organisations



A leaflet produced by



*carers & service users involved in older people's mental health*

nexus@cavamh.org.uk

029 2022 2000

www.cavamh.org.uk



Nexus is managed by cavamh, Gweithredu dros Iechyd Meddwl Caerdydd a'r Fro  
Cardiff and Vale Action for Mental Health

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Council

**Veterans' UK**

Veterans' welfare services.  
0808 1914218  
veterans-uk@mod.uk  
veterans-uk-vws-wales-mid@mod.uk

**Home Instead**

Provision of care at home for people with dementia.

Glamorgan Home Care Ltd  
9a Heol y Deri, Cardiff CF14 6HA  
029 2062 4429  
philip.batchelor@homeinstead.co.uk

**Care and Repair**

Home repair service for older people

20 Splott Road, Cardiff, CF24 4BZ  
029 20473337

**Crossroads in the Vale EMI Ltd**

Care support for people with dementia and their carers.

West House  
Stanwell Road, Penarth CF64 2YG  
029 2070 0057(3)

**Parkinson's Disease Society**

Support for people with Parkinson's Disease and their families

0844 2253784

**Llandough Information Centre**

General Information about NHS and voluntary health services.

Llandough University Hospital  
Llandough, Penarth

029 2074 4949

**Primary Mental Health Support Service**

Hamadryad Centre  
Clarence Embankment  
Butetown, Cardiff CF10 5UY

029 2090 6210

Julian.willett@wales.nhs.uk

**Communities First**

Brunel Street  
Riverside, Cardiff CF11 6ES

029 2022 0309

**Age Cymru**

13 Neptune Court  
Vanguard Way, Cardiff

0800 1693399

**Education For Patients Programme**

Room 26a 1st Floor  
Cardiff Royal Infirmary CF24 0SZ

029 2055 6028

Website [www.epppwales.org](http://www.epppwales.org)

**Alzheimers Society**

Support services for people with dementia, their carers & families.

Oldwell Court  
Ty Gwyn Road, Cardiff CF23 5DA

029 20434960

**Carers Wales**

Pat Mc Carthy  
River House  
Ynysbridge Court, Cardiff CF15 9SS

029 20811370

Pat.McCarthy@carerswales.org

**Memory Team**

Diagnosis, treatment and support for people with dementia.

Academic Centre

Llandough Hospital, Penarth CF64 2XX

029 2071 6961

**Solace**

Advice, support and information for carers of people with dementia.

1 Park Road  
Whitchurch, Cardiff CF14 7BP

029 2052 9832

**Hafal**

[hafal@hafal.org](mailto:hafal@hafal.org)