

Free training for voluntary sector and community groups in Cardiff and the Vale of Glamorgan. Statutory sector also welcome to apply.

Booking is through Eventbrite, please use the 'Book Now' buttons below.

If you have any questions contact [caroline@cavamh.org.uk](mailto:caroline@cavamh.org.uk)



## Dementia Friendly Communities Information Session

**Date & Time** - Mon, 31 January 2022, 10:00 – 11:00

**Trainer** - Ingrid Patterson, Marie Curie

For people who care about people living with dementia.

[Book Now](#)

## Mental Health Act Awareness

**Date & Time** - Thu, 17 February 2022, 10:00 – 11:30

**Trainer** - David Seward

An overview of the Mental Health Act

[Book Now](#)



## Who Does What Where

**Date & Time** - Fri, 18 March 2022, 10:00 – 12:00

**Trainer** - Linda Newton, cavamh

A chance to find out, share and discuss the range of services available. For those new to the area, those who would like a refresher or update.

[Book Now](#)

