

# CONSENT FORM

- I agree to participate in this service evaluation.
- I understand that I am under no obligation to take part in this service evaluation.
- I understand that I have the right to withdraw from this service evaluation at any stage without giving any reason.
- I have read and understood the information letter/s and this consent form.
- I understand that my information will be kept secure and anonymous.

## Please tick the activities you would like to participate in/support:

- An interview
- A focus group
- I am happy for my Nearest Relative to be contacted to take part in the research

Name of participant:.....

Signature of participant:.....

Telephone number:.....

Email:.....



# PAID FOR YOUR TIME

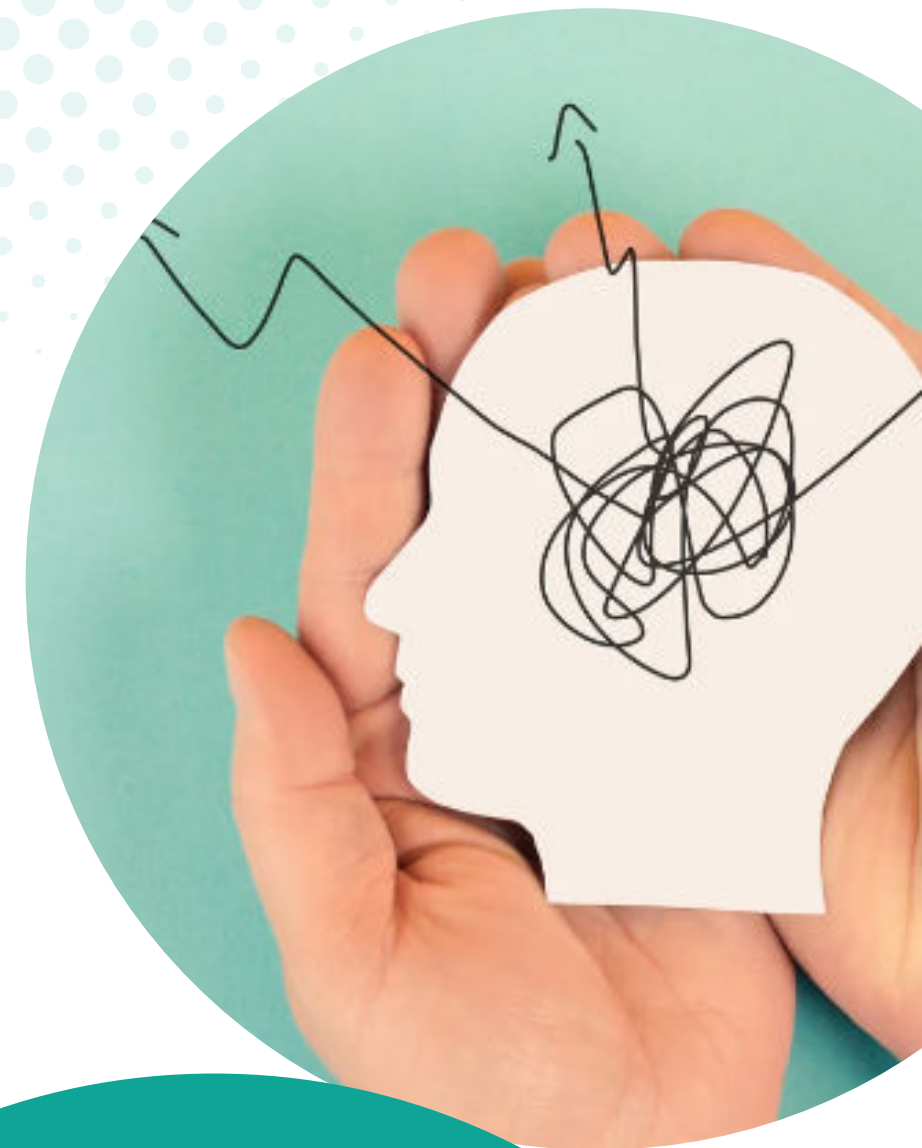
Talking about lived experience can sometimes be difficult, and your voice and time is valued. **We will remunerate you £25.00** per interview or focus group for taking the time to share your experiences.

If you wish to proceed, please sign the consent form (on the next page) and hand it in.

# I WANT TO TAKE PART

If you already know you would like to take part you can sign the **consent form** on the next page and hand this in to the staff in the team or your care coordinator.

All views, opinions and experiences will be **kept anonymous** throughout the writing of the project report.



PARTICIPANTS NEEDED

# SERVICE EVALUATION

Would you like to share your experiences of mental health assessment anonymously?



# WHO WE ARE?

My name is Zoe (pictured), and I'm undertaking a service evaluation into the lived experience of assessment under the Mental Health Act in the Vale of Glamorgan. The project is taking place on behalf of cavamh (Cardiff and the Vale action for mental health).

We would like to hear the voices of people with lived experiences of assessment, and those who support those with lived experiences (Nearest Relatives).



# WHY ME?

Your views and voice are the most important thing in this project. In sharing those with me, it will give insight into the experiences of those with lived experience, and the impact of assessment under the Mental Health Act.

# WHAT IS IT?

For the service evaluation, I will be holding interviews and focus groups. Interviews will be an informal and flexible conversation with myself as the interviewer, and a support worker.

Focus groups will be a meeting of 4-6 participants, myself, and a support worker.

Interviews and focus groups will be in person across 'Mind in the Vale' locations, but I am happy to arrange interviews on zoom if this is preferred.

Importantly, I want your experience to be as comfortable as possible. Interviews and focus groups will be flexible as possible, and **refreshments will be provided throughout.**

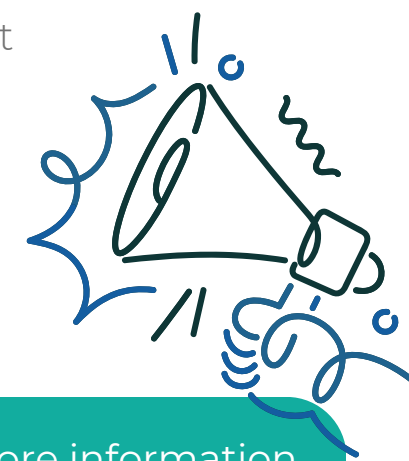
Please feel free to bring someone along if you would like some support, or if this would make you feel comfortable.



# WHAT WILL BE ASKED?

The interview/focus group is an opportunity for you to raise **anything you feel is important**, or that we should know. However, below are some of the themes and issues that I will be asking:

- Did you feel your voice was heard during the experience?
- Whether information and communication were clear before, during and after the assessment.
- Whether rights were explained clearly
- Whether the language used was clear
- Whether you were provided with enough time to process the information
- Was there clear guidance about what was expected?
- Whether there were any problems experienced Whether you have any positive experiences or comments to make from the assessment



Feel free to contact Zoe for more information

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