

## Re MHF Children and Young People's Mailing List

Just emailing with some latest news/events coming up...

### **MHF Mental Health Awareness Events- Info and activities for children and young people**

- **Cardiff Central Library- Wed May 15th, 11-3**
- **Barry Library Thurs May 16th 10-2 (space for 12 stalls)**

**Aim is to include activities and info for children and young people...**

*If you are interested in having a stall/activities or ideas for involving young people, and haven't already contacted us, please get in touch.*

- **See booking form attached. Please respond by April 8th if poss.**
- **Next planning meeting online - Tues April 9th 1pm- All welcome**

Join Zoom Meeting

<https://us02web.zoom.us/j/88340012124?pwd=L1NHcGdHNWpSSXVKs2t2ZitBUxdSUT09>

Meeting ID: 883 4001 2124

Passcode: 716774

-Find your local number: <https://us02web.zoom.us/j/keiyyugTE9>

- **New - MHF/stakeholder Mental Health and Nature Network- see flyer**

**First meeting - Friday April 12th, 11-1pm, Leckwith Drovers, Bessemer Road, Cardiff- hosted by Breathe Creative**

**To explore opportunities, build partnerships, development.**

**Please contact me pref by April 7th if you would like to attend- buffet provided. Please arrive by 10.45 so that we can gain access (allotments are locked.)**

- **Welsh Government Consultations- Mental Health and Wellbeing Strategy..Suicide and Self Harm Strategy...Feedback requested from groups and Young People- Deadline for responses- June 11th**

**WG are looking for feedback from children and young people** as well as groups and have developed materials for groups to use- and/or can deliver a consultation sessions for young people with your group.  
See in links here

<https://www.gov.wales/draft-mental-health-and-wellbeing-strategy>

<https://www.gov.wales/draft-suicide-and-self-harm-prevention-strategy>

If you would like to come together with us to organise a shared consultation event, involving young people, please get in touch.

*Opportunity for joint general MHF response to consultations planned for May...dates tbc asap.*

**Princes Trust activities**

**Grants..**

- **Tescos Footie for All fund- advertised by GVs- see here for agencies working with young people under 18**  
- <https://tescostrongerstarts.org.uk/footiefund/>

*If there is anything you would like to share please let us know and/or add to MHF padlet here- available to all via cavamh website*

<https://padlet.com/caroline712/mental-health-forum-qof06l4lo30jw7ho>